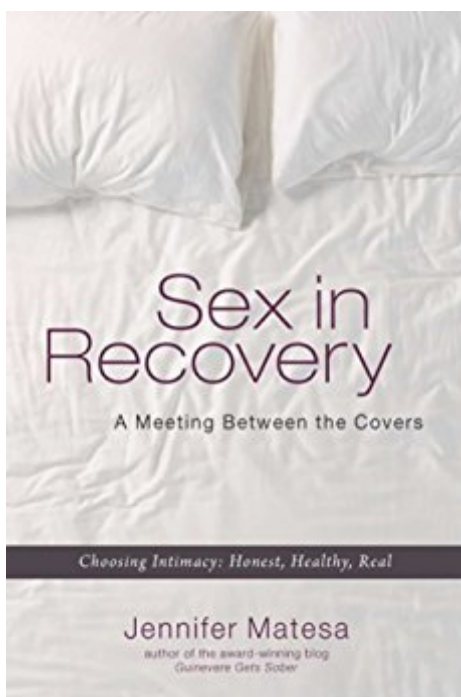


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Sex In Recovery: A Meeting Between The Covers



Synopsis

Sexuality in the context of recovery is rarely talked about openly, in part because our broader culture may inhibit us from sharing our true experiences. For some, the prospect of sober sex feels like uncharted watersâ™”in the past, weâ™”ve rarely had sex without first numbing ourselves with drugs and alcohol. What does it mean to have an intimate relationship in sobriety? Exploring that question deepens our recovery journey. With this groundbreaking work, Jennifer Matesa uncovers the challenges real people encounter when they start taking their clothes offâ™”without drinking or using in order to do so. Providing readers âœ“a meeting between the covers,â™” Matesa blends first-person accounts bravely shared by diverse members of the recovery community, insights from experts, and her own perspectives. The result is a book that creates a space for a vital, new dialogue about sexuality and intimacy. As we find a common language for this more hidden aspect of our healing, we can truly âœ“practice these principles in all our affairs.â™”

Book Information

File Size: 932 KB

Print Length: 220 pages

Publisher: Hazelden Publishing (September 13, 2016)

Publication Date: September 13, 2016

Sold by:â™” Digital Services LLC

Language: English

ASIN: B01KELJOG0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #640,472 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #186

inâ™” Books > Religion & Spirituality > New Age & Spirituality > Sacred Sexuality #343 inâ™” Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs #556 inâ™” Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

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